

# Community Partners

comprised of community-based nonprofit, medical, educational and public entities, which makes it exceptionally qualified to address are organizational partners in this collaborative effort:









of INDIANA















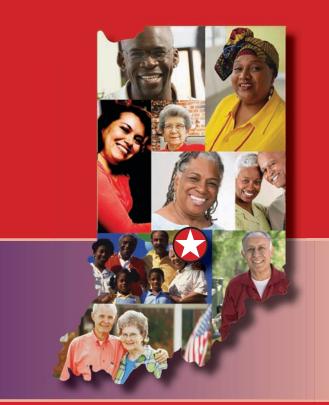






The Indiana Diabetes Coalition is this important initiative. The following Indiana Diabetes Coalition National Kidney Foundation of Indiana 911 East 86th Street, Suite 100 Indianapolis, IN 46240-1840





Marion County November 15, 2008 GENE B. GLICK JUNIOR ACHIEVEMENT **EDUCATION AND CONFERENCE CENTER** 8AM-4PM

Indianapolis, IN 46240-1840 'Too Sweet for Your Own Good"

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### Diabetes Control

Take control of your diabetes. Keeping blood sugar levels as close to normal as possible is beneficial. Lowering blood sugar can greatly reduce the risk of diabetes complications:

- Eye disease and blindness
- Kidney failure
- Nerve disease & amputation
- Heart (artery) disease & stroke
- Mental decline(cognitive impairment)

Your long-term health will depend on how well you manage your diabetes.
All people with diabetes need to learn self-management strategies to maintain the highest quality of life possible.

- Oral health
- Skin care
- Monitoring for management
- Activity
- Medications

This conference has been developed to provide information to help you manage your diabetes and increase your chances for a healthier life.



## Agenda

**8:00 a.m.** Registration / Exhibits Open

**8:30 a.m.** Welcome and Tribute to George Britton

**8:45 a.m.** Know Your Diabetes Care Team Karen Pope, RN, CDE

**9:30 a.m.** Eye Care

David Box, MD

10:15 a.m. Break / Exhibits Open

10:45 a.m. Oral Health

Daniel Purvis, DDS

11:15 a.m. Endocrinology: Diabetes Update and Avoiding Complications

Ernest Asamoah, MD

12:00 p.m. Lunch / Exhibits Open

**1:00 p.m.** Know Your Nutrition Gayle Kegg, RD, CDE

1:45 p.m. Skin Care

Mindy Morris, MD

2:30 p.m. Break / Exhibits Open

2:45 p.m. Foot Care

Marc House, DPM

**3:30 p.m.** Monitoring for Management Janet Shipp, RN, CDE and

Linda Bailey, RN, CDE

4:00 p.m. Evaluation

#### Directions

Gene B. Glick Junior Achievement Education and Conference Center 7435 N. Keystone Ave Indianapolis, IN 46240

- I-70 to Rural/Keystone Ave Exit 85B
   -North on Keystone for 6.5 miles (just north of Wal Mart)
- I-465 to Keystone Ave Exit 33

   South on Keystone for 2.3 miles
   (2 miles south of Keystone
   Fashion Mall)
- On IndyGo Route 26

Parking is free at the Gene B. Glick Junior Achievement Education Conference Center

## Confirmation Information

You should receive a confirmation from the National Kidney Foundation of Indiana within 10 days of our receipt of your registration form. If you do not receive a confirmation, please call 1-800-382-9971.

Confirmation registration includes:

- Admission to the conference and exhibits
- Free continental breakfast and lunch
- Diabetes materials

# Registration Form

Please complete all requested information. Forms with multiple names will not be accepted. Each person registering for the conference will need a form (copy forms as needed).

Registration must be received by MONDAY, NOVEMBER 3, 2008.

This free conference will include continental breakfast, lunch and conference materials.

Name:
Address:
City:
State:ZIP Code:
Telephone Number:
E-Mail:
Special Accommodations or Dietary Needs:

Forms should be mailed to:
The Too Sweet for Your Own Good
Managing Diabetes Conference
National Kidney Foundation of Indiana
911 East 86th Street, Suite 100
Indianapolis, IN 46240-1840
1-800-382-9971

